

Syracuse Department of Parks, Recreation & Youth Programs Pool Hours

<https://syracuse.recdesk.com> | 315-345-7100

VALLEY POOL
4942 S Salina St, 13205

SOUTHWEST POOL
230 Lincoln Ave, 13204

OPEN SWIM

Mondays, Wednesdays & Fridays

- 2:30 p.m. - 4:00 p.m.
- Mondays & Fridays**
- 6:00 p.m. - 8:00 p.m.
- Saturdays**
- 12:00 p.m. - 4:30 p.m.

LAP SWIM (\$3 required)

Mondays, Wednesdays & Fridays

- 6:30 a.m. - 9:30 a.m.
- 12:00 p.m. - 2:00 p.m.

Monday, Tuesday, Thursday & Friday

- 4:30 p.m. - 6:00 p.m.

ADULT SWIM

Tuesdays & Thursdays

- 12:00 p.m. - 3:45 p.m.

Hours subject to change

OPEN SWIM

Monday - Friday

- 2:30 p.m. - 4:00 p.m.
- Tuesday & Thursday**
- 6:00 p.m. - 8:00 p.m.
- Saturdays**
- 12:00 p.m. - 4:30 p.m.

LAP SWIM (\$3 required)

Tuesdays & Thursdays

- 6:30 a.m. - 9:30 a.m.

ADULT SWIM

Monday - Friday

- 12:00 p.m. - 2:00 p.m.
- 5:00 p.m. - 6:00 p.m.

Hours subject to change